



KASBAH 50th Anniversary!

Summer is here at last! On Friday 15th July 16 we held KASBAH's 50th Annual General Meeting followed by a Spectacular Summer Ball.

What an evening of fun, celebrations and an emotional trip down memory lane! This year's Annual General Meeting was opened by an inspirational Guest Speaker, Steve Brown, Para-Olympian, GB Wheelchair Rugby Captain 2012, formal business followed with a photographic presentation from Emma (available on our website – www.kasbah.org.uk) and plans for the future from Ann (Chair). As Ann stepped down as Chair this year, KASBAH wanted to acknowledge her on-going commitment and hard work and announced the name of our latest development; we are building a self contained flat at Rochester Road. This will be named 'Ann's Retreat' in Ann's honour. After the meeting we all celebrated KASBAH's 50th anniversary in style and lots of laughter. The celebrations began with some beautiful singing from the very talented Hattie Webb (accomplished musician and harpist), thank you Hattie! We also had numerous activities on the night— a magician, disco, karaoke, make a wish trees which will be planted as a reminder of KASBAH's 50th anniversary, we released 50 balloons, had a photo booth and got some great photos as well as great photographer on site. An impressive raffle and a silent auction made up predominantly from the skills of KASBAH's staff and friends, this alone raised a whopping £1,500. Each guest took home a party bag which included many treats in particular 50 seeds to plant in memory of KASBAH's milestone.

We would like to say a huge thank you to all of the staff and volunteers for making this happen, this was a real team effort and thoroughly enjoyed by all. Go Team KASBAH!

We are looking forward to the next 50 years of KASBAH's development, supporting and empowering our members to fulfil their dreams and desires, please remember we are just a phone call or e-mail away should you need KASBAH's assistance; telephone number is 01474 536501

admin@kasbah.org.uk

Continued overleaf.....

KASBAH News

August 2016

KASBAH were very fortunate to be supported by many local businesses, we would like to say thank you to: Steve Pennington (Clarendon Hotel and Oliver's Restaurant), Serenity Beauty Rooms, Millie's Cookies, Krispy Kreme, Woodville Halls, Dub Technic, Neil Austen, Pizza Hut and Nandos in Bluewater, Lyceum Theatre, Gravesend Dynamites, Callywags Doggy Day Care, Ebbsfleet Football Ground, Crazy Golf and Transform Your Images in Bluewater, Little Shop of Beauty and fabulous donations from staff, family and friends.

On a separate note you will find an insert 'KASBAH Feedback Questionnaire 2016' with this edition, please do take the time to complete it and send it back to the Head Office, we value your input and need members' feedback to make positive change and continue to develop the KASBAH services.

Thank you and Best Wishes, KASBAH Team

A message from Emma

Hello from me

Can you believe KASBAH has been running for 50 years!! Over the last couple of months it has been a pleasure to take a trip down memory lane with our members (old and new) and see just how far we have come.

I will have uploaded my presentation from our 50th Annual General Meeting, there are some great photos if you have the time please have a look at www.kasbah.org.uk and there is a wonderful photo album of some of the original members and lots of KASBAH fun at the office if anyone would like to come in and have a look through.

There are some changes happening within KASBAH; after lots of thought and consideration the cafe is closing in Gravesend High Street and will be re-opened in our charity shop at 6 The Hive, Northfleet DA11 9DE by the end of the month, there will be free internet access and our renovation and planning has sparked a new social enterprise; an up-cycling project will soon be commencing from Seabrooke House.

Hattie Webb House is going to have a change of direction with all of our current residents now set with clear pathways to increased independent living, 'Hattie Webb Life Skills' is moving out into the community and in February/March next year will meet at the Rochester Visitor Centre as their base.

There are also four new potential properties in the pipeline to continue KASBAH's development in the new financial year. More exciting times in KASBAH to follow.

Best Wishes, Emma



News from the Advisor Service

Karen Heath - KASBAH Advisors & Carers Development Manager

Officer. Email kheath@kasbah.org.uk Office: 01474 536 202



A Big Hello, from Me

It's so lovely to be back in my old job role as Advisor and Carers Development Manager.

Over the last few months, I have been busy re-establishing contact with many members in the community offering advice, information and guidance. It's been great catching up and helping both over the phone and via a home visit.

I now spend part of my working week within the DIAL office working alongside a dedicated team of benefits advisor's and volunteers. They all work tirelessly to make disabled people and their carers lives better by maximising benefit entitlements, helping with applications and sign posting to other organisations for support. Our partnership working with Carers First continues to be a success. Working closely we identify new carers, organise and fund social events, training and craft sessions. In doing this carers are better informed and empowered within their caring role. We are actively updating our membership information held on each member. Please contact the office to let us know of any changes of circumstances. Please remember we are here to help; do not hesitate to contact us. Kind Regards, Karen Heath

Dates for your diary:

- **Wednesday, 10th August at 1.30pm - Afternoon Tea hosted by Hattie Webb House**
- **Friday, 28th October - Halloween Party (led by Rochester Road)**
- **Monday, 5th - Friday, 9th December - Come Dine with Me at Seabrooke House**
- **Monday, 12th December - Come Dine with Me for the Outreach team**
- **Wednesday, 21st December - Christmas Pantomime and Meal (led by Seabrooke House)**
- **Saturday, 31st December - New Year's Eve Party hosted by Maddison House**

News from KASBAH Services

Hattie Webb House



Monday day service have been busy busy busy!

A visit to Wild Wood and Wingham Wild Life Park and a trip to Gillingham Football ground coming up on the 1st of August plus craft ideas such as cooking from around the world we have done Pizza, Spaghetti Bolognese, a curry and Shepherd's Pie. A trip to the beach, tie die and brass rubbing at Rochester Cathedral is coming up soon too. Alex celebrated his birthday during the last month and as usual we gave him the choice of activity, he chose the film Alice Through the Looking Glass and a pizza at Dockside Chatham, we are still trying to book a horse riding lesson but without much luck as most of the local stables close on Monday due to working over the weekends.

Gingerbread House

This week in the Gingerbread house Katie Austen attended day service throughout the week alongside Pathways and attended the freedom nightclub in Dartford. She was looking forward to the KASBAH summer ball that evening.

Katie Shaw, this week went home to mum on Monday, attended MAGIC during the week and then went to Margate for the day to have pie and chips and a lovely afternoon on the beach. Both were very excited about the summer ball.



Katie Shaw (photo above)

Rochester Road

Rochester Road have been very busy the last couple of Wednesdays, we have been out on day trips to London Zoo, a summer BBQ and swimming. Katie Austen has been joining Rochester Road on Wednesdays for social skills and has really enjoyed herself too. Seabrooke house had a group come to their house called My Amazing Animal World which all houses were invited to, everyone at



Rochester Road enjoyed. Nicola loved holding the snake. The farm is coming on really well, we have had lovely weather to be outside painting, planting plants and putting up a few Polly tunnels. Fingers crossed the sheep will be coming soon to the farm, we will keep you all posted on any news of the sheep on our KASBAH Facebook page.



Hello from Short Breaks!

Our session in May was a great success! We had a circus workshop for the young people which they thoroughly enjoyed. We have had several trips at the end of May and into June visiting Nandos Restaurant at Hemstead Valley, a trip to Canterbury with a trip in a punt on the river and a workshop at the local theatre in Rainham. All these trips were enjoyed by the young people who enjoyed the diversity of the trips we offer. We have several trips organised for the summer holidays including a trip to Bluewater Shopping Centre to play crazy golf; a trip to Dreamland in Margate and a trip to Leeds Castle.

We will be running a play scheme during the summer holidays from the Parkwood Youth Centre. This scheme will run on 1st, 2nd and 3rd August; 15th 16th and 17th August and 30th, 31st August and 1st September for young people from the ages of 8 to 18. Our sessions run on the fourth Saturday of the month at the Millennium Hall, Rainham from 11 am to 2 pm. Forthcoming sessions will run on the 27th August. For further information please telephone Rachel Bowman, Co-ordinator, on 07432 865175 or e-mail us at shortbreaks@kasbah.org.uk

Seabrooke House

What a busy time we are all having now that the warmer weather is here, we have been concentrating on certain topics; Keeping safe in the Sun, healthy living and exercising, volunteer and work experience opportunities within the community. Everyone at



Seabrooke House planned their outfits for the Summertime Masquerade Ball. Seabrooke House held a garden party which was an open invite across our sites, they decorated the garden with fairy lights and bunting. During the afternoon a delicious BBQ was on offer along with a dip in the swimming pool. All that attended had a great time of socialising together and fun antics. All of the trainees from

Seabrooke House went on their annual holiday to Clacton, an amazing time was had by all. They visited the local Zoo, went swimming and saw Clacton Pier. Three members of KASBAH staff also attended and ensured that plenty of laughter and fun happened daily.

Seabrooke House Day service have been enjoying a wide range of planned activities, these include trips out and cooking healthy meals. All of our planned activities are person centred and include independent living skills training. Seabrooke House currently have spaces on their waiting list for Independent Living and day service provision, if you know of anyone that would benefit from accessing Seabrooke House, please contact Dawn Varley (House coordinator) 01322 386841, dvarley@kasbah.org.uk





Hello from Maddison House

It's been a busy start to the Summer here at Maddison House, we have attended Denise Kilshaw's leaving party at Pizza Hut, we have been out on the KASBAH boat and the orange speedboat with The Sailing club, we had a training session all about the EU referendum so we could be supported to vote and we have bought a new BBQ which we are really making the most of! Also Danielle Mason has started work at the farm!



Fun Facts For August

First Sunday of August
is Friendship day!

August is the month of
romance awareness

Famous birthdays in August
include Barack Obama,
Mila Kunis, Jennifer Lawrence,
Madonna and Cameron Diaz.

August 26 - Women's Equality
Day

MAGIC , TO REGISTER PLEASE CONTACT -

Office.manager@medway-magic.org



Charity Golf Day

Pairs Competition

Format - Stableford
Full handicap
Both scores added together
to make team score

only £80
per Pair

*Come and join us for a great day!
Coffee & bacon roll on arrival
18 holes Pairs Stableford followed by
A three course dinner, auction and raffle*

Friday 16th September
Weald of Kent Golf Course





SHORT BREAKS Summer Club

Supporting young disabled people in Medway, in a person centred approach



KASBAH are offering some holiday activity fun this summer at:

**Parkwood Youth Centre
Parkwood Green
Deanwood Drive
Parkwood
Rainham ME8 9PN**

This service is open to any child/young person with additional needs from age 8 – 18 (unfortunately we cannot support personal care needs).

Activities will include crafts, circus skills, day trips out, magicians, fun in the park and lots more.

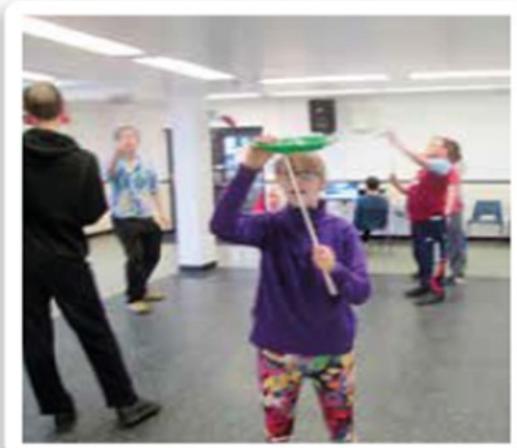
The activity days will run from 10am to 3pm on the following dates:

AUGUST

Mon 1st	Tues 2nd	Wed 3rd
Mon 15th	Tues 16th	Wed 17th
	Tues 30th	Wed 31st

SEPTEMBER

Thurs 1st



A £10 contribution is required – a cooked lunch will be provided (you can bring a packed lunch if you prefer)



For further information
contact Rachel on...
Tel: 07432 865175

www.kasbah.org.uk



Stay in touch... Remember the staff at KASBAH are here to support you. We can be contacted at our main office at 7 The Hive, Northfleet, Kent, DA11 9DE

- by phone on 01474 536501 or email officeadmin@kasbah.org.uk

Or if you have any suggestions or comments for up and coming newsletters, please do let us know.