

Charity Shop

Christmas Bazaar

Monday 5th December to
Thursday 8th December



Free wrapping service with
every gift

From February 2017, the newsletter will only be available via download from the KASBAH website www.kasbah.org.uk and thereafter the 1st of every other month (February, April, June, August, October and December). Please remember to let us know your feedback or comments by emailing admin@kasbah.org.uk.

A message from Emma...

Hello from me

Hi Everyone

I hope you are all well and keeping warm as the colder weather is drawing in. As Christmas approaches we are aware that this not always a festive time for all, if you want someone to talk to or need a helping hand please do give us a call. We have started our new build at Rochester Road and will have a self-contained annexe by February to increase our supported living opportunities. KASBAH are preparing a number of Christmas activities including a Panto trip on Friday 21st December and a Christmas photo (look out for the festive costumes). I highly recommend the 'Come Dine with Me' event we hold at Seabrooke House in December, we would love to see you there. The KASBAH office will be closed from 4pm on Friday 23rd December to Tuesday 3rd January 2017, May I take this opportunity to wish you all a very Merry Christmas and a Prosperous New Year!



News from the Advisor Service



Karen Heath - KASBAH Advisors & Carers Development Manager Officer. Email kheath@kasbah.org.uk
Office: 01474 536 202



Hi Everyone, This month the focus has been on keeping our membership forms up to date, If you are a registered member with KASBAH and your details or any information has changed, please contact me so I can update our records. We are sadly saying our goodbyes to Hillina and Deborah our two social work students who have been on a 70 day placement with us, It has been a pleasure working with you.

Hazelnut Crunch Mince Pies.



Ingredients for the pastry:

250g of plain flour, 100g of chopped hazelnuts, 75g of icing sugar, 140g of cold butter (cut into tubes) and 1 egg.

Ingredients for the filling:

400g of good quality mincemeat, 1 small eating apple (grated), zest 1 orange.

Preparation: Step 1 Put the flour, half the hazelnuts, the icing sugar and butter in a food processor and blitz to a sandy texture. Add the egg yolk and 1-2 tbsp water, and blitz briefly until the dough clumps together. Tip out onto a work surface and knead the dough a little until smooth. Flatten to a puck shape, wrap in cling film, then chill for 30 minutes.

Step 2- Mix the mincemeat, apple and orange zest in a bowl. Heat oven to 200C/180C fan/gas 6. Unwrap the pastry and roll out on a lightly floured surface to the thickness of a £1 coin. Stamp out 12 circles with a 10cm fluted biscuit cutter and use them to line a 12-hole muffin tin.

Step 3- Fill each pie with the mincemeat mixture. Scrunch up the pastry trimmings and re-roll to the same thickness as before. Stamp out 6 circles using an 8cm cutter, and 6 stars. Put the remaining hazelnuts in a dish and lightly whisk the egg white in another. Brush a little egg white around the inner rim of each pie, then brush one side of each pastry lid, and the stars. Press each lid into the hazelnuts, egg-side down, so they stick, then lightly press on top of the pies, nutty-side up. Repeat with the stars and place these on the remaining pies.

Step 4- Bake for 20 mins or until golden and crisp. Leave to cool in the tin for 5 mins, then scoop out and cool on a wire rack. Dust with icing sugar before serving

News from KASBAH Services.

Rochester Road House-

Rochester Road have been busy over the last couple of weeks, we have been pumpkin picking, to Kent life and have trip planned to IKEA which everyone enjoyed. We are very excited about Christmas, a few of us will be going home over Christmas to see our families which we are excited about and a few of us will be at Rochester Road over Christmas. We are all looking forward to decorating our Christmas tree and getting loads of presents. We will put a picture of our tree in the next newsletter. Kind regards, Jane Candler, House Coordinator on 01474 745 738 or jcandler@kasbah.org.uk



Gingerbread house—

Had a fun filled Halloween with both girls having a great time pumpkin picking and preparing for the fancy dress Halloween party which the girls enjoyed thoroughly. Katy has been attending Equine Therapy and Dance junction on a regular basis. Gingerbread House have continued to promote healthy living with planning balance diet meal plans and participating in various different fun activities. Both girls are looking forward to Christmas and are starting their Christmas wish list! Kind regards, Sophie Heath, House Coordinator on 01474 361 129 or sheath@kasbah.org.uk



Seabrooke House-

staff and service users have celebrated Halloween in style, with a themed training day, a party at G-Beatz nightclub, pumpkin picking and then carving them into marvellous creations. Seabrooke House continue to ensure that the service users are involved with all decision making regarding their personalised training needs, and that they are always at the heart of the service we provide. Over the last month we have been highlighting certain areas in which they as individuals would like to learn and achieve; this then has been opened out to the group and devised as a group training session. From this they work together as a team and utilise their interaction and communication skills with each other. Seabrooke House are all now preparing for our big annual event of "Come Dine" we have had a very successful response to bookings and spaces are now limited, so if you have not booked and would like to attend, please get in touch very quickly.



Seabrooke House Day Service- Day service has been very busy, they plan their months in advance with weeks in and out of Seabrooke House, staff ensure that they learn key skills towards independence, this is achieved by incorporating numeracy, literacy, money skills, socialisation and interaction within their activities. Day service as a team make some amazing meals on site, and then all enjoy sitting together to tuck into their finished creations.



For further information regarding our activities and service provision, please contact Dawn Varley House Co-ordinator, 01322 386841, dvarley@kasbah.org.uk.

Hattie Webb House- The house this month said farewell to Carly. Carly has moved into her own flat in Gravesend. We all wish her well in her new place. Amber has enjoyed a short break at Gingerbread House, she has enjoyed spending time with the staff and residents. Amber has been taking part in the choir that she attends on a Thursday. This choir has real feel good factor for all taking part. Emma has been spending time getting to know our social worker students when visiting HWH.

Short Breaks- Have recently had a trip to Hollywood Bowl which the young people thoroughly enjoyed. We will be taking a trip to Bromley in December so the young people have a chance to buy their Christmas presents. At our November session Karen Clifford, from Vision Communication, will be coming along to do 'signing' with the young people and we will be making Christmas cards for them to give to their parents/carers.

At our October play scheme, we have had diverse activities running including a street dance workshop, a circus workshop, face painting and a Halloween party. The youngsters have had a chance to try their hand at such things as arts and crafts, Wii games and trips to the park for team games.

Our sessions run on the fourth Saturday of the month at the Millennium Hall, Rainham from 11 am to 2 pm. Forthcoming session will run on the 26th November and our Christmas party on the 17th December. For further information please telephone Rachel Bowman, Co-ordinator, on 07432 865175 or e-mail us at shortbreaks@kasbah.org.uk



Maddison House- have had a busy month with the service users learning new skills whilst at the Charity Shop. Emily says “The charity shop is fun and interesting as I get to meet new people every day, it’s a joy to work in there.” Scott has just recently started to clean the KASBAH office once a week and is enjoying it thoroughly. Scott has recently celebrated his birthday and would like to thank those who joined him at Pizza Hutt and Bowling.

Maddison House are looking forward to the Christmas season and are starting to send out invitations for our New Year’s Eve Party! watch this space... Kind regards, Scott Matthews, House Coordinator on 01474 335 840 or smatthews@kasbah.org.uk

Christmas Pudding Krispie Cakes!

Ingredients:

50g Rice Krispie pops, 30g chopped raisins, 50g butter, 100g milk chocolate, broken into pieces, 2 tbsp crunchy peanut butter, 30g mini marshmallow, 80g white chocolate, ready-made icing holly leaves.

Method:

1. Put the rice pops and raisins into a bowl. Put the butter, milk chocolate, peanut butter and marshmallows into a small saucepan. Place on a medium to low heat and stir until the chocolate and butter have melted but the marshmallows are just beginning to melt.
2. Pour onto the rice pops and stir until well coated. Line an egg cup with cling film. Press about a tablespoon of the mixture into the egg cup. Press firmly and then remove, peel off the cling film and place the pudding into a cake case, flat-side down. Repeat with the remaining mixture. Chill until firm.
3. Melt the white chocolate in the microwave or in bowl over a saucepan of barely simmering water. Spoon a little chocolate over the top of each pudding. Top with Icing holly leaves.

(As published by the BBC)



MAGIC - Office.manager@medway-magic.org



Medway Autism Group & Information Centre (MAGIC) was formed in January 2006 to help parents, families and children living with Autism. In the beginning it was run from one single room, and expanded firstly by utilising a youth club, then to it's own office space whilst still using the youth club twice weekly and with the increase of services provided, two porta cabins were also required. MAGIC now have it's own purpose built building, enabling all services to be run from a single location.

MAGIC's principle activities include:

- Age appropriate youth club sessions twice a week.
- School holiday activity days
- MAGIC parties and fun days
- Staffed family day trips
- Telephone help and support for parents/carers
- Weekly coffee mornings
- Parent/carer training
- Additional Resource Centre tuition service
- MAGIC Café (In-house)

For the full MAGIC leaflet, please email admin@kasbah.org.uk
Or please visit www.medway-magic.org for further information



G. Beatz Christmas Party!

MONDAY 19TH DECEMBER 2016
6:30PM-10:00PM
(FOOD SERVED BETWEEN 6:30PM-8:30PM)

CHRISTMAS FUN & SURPRISES!

~FANCY DRESS OPTIONAL~

OVER 18'S ONLY
(ID REQUIRED TO PURCHASE ALCOHOL)

SERVICE USER- £5
CARER- £5
(FREE SOFT DRINK)

CASH ONLY

 G.BEATZ NIGHTCLUB

THE FACTORY BAR,
PRIESTFIELD STADIUM,
REDFERN AVENUE,
GILLINGHAM, KENT,
ME7 4DD

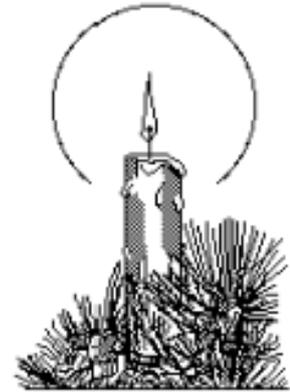
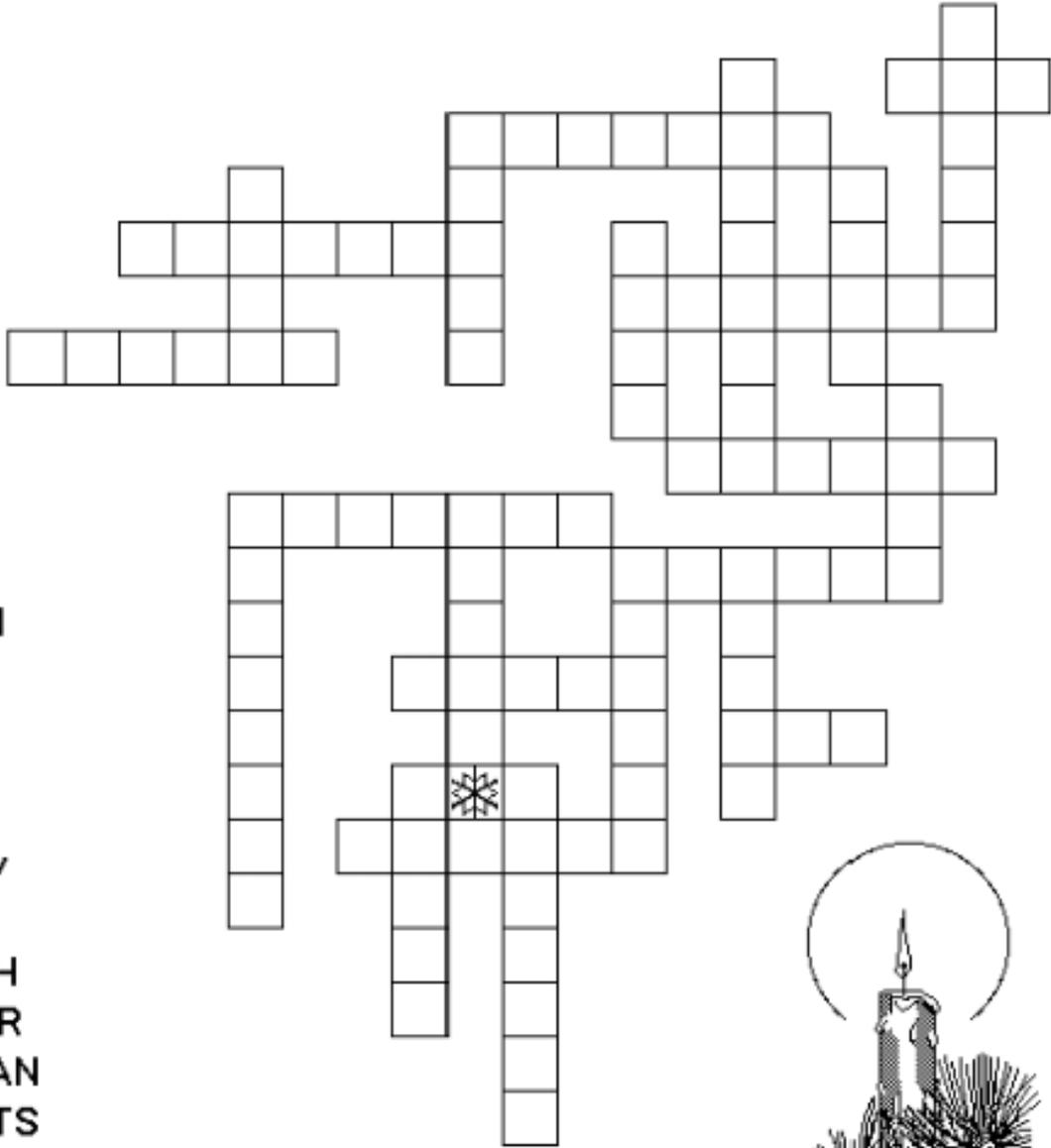
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Christmas Crossword

Make all the words fit into this crossword.
Each word is only used once.

- ELF
- TOY
- GIFT
- BELL
- TREE
- STAR
- SANTA
- COMET
- CUPID
- VIXEN
- CANDY
- FROSTY
- WREATH
- DASHER
- DONNER
- SLEIGH
- DANCER
- CHIMNEY
- BLITZEN
- RUDOLPH
- PRANCER
- SNOWMAN
- PRESENTS
- REINDEER



Stay in touch... Remember the staff at KASBAH are here to support you. We can be contacted at our main office at **7 The Hive, Northfleet, Kent, DA11 9DE** by phone on 01474 536501 or email officeadmin@kasbah.org.uk Or if you have any suggestions or comments for up and coming newsletters, please do let us know.

Newsletters are edited by the KASBAH Team!