

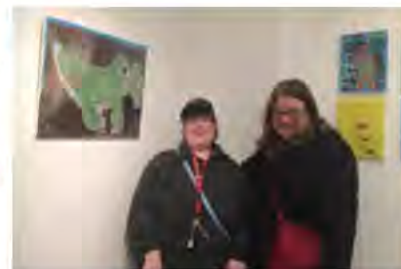
KASBAH has recently been partnership working with members from the Kent Association for the Blind Gravesend Art Group on 'Pocahontas 400' exhibition held on show at the Blake Gallery, 13th March – 13th April 2017. The art group was led by the wonderful artists Wendy Daws and Christopher Sacre, who met weekly with the group at the St Andrews



Art Centre to explore different art techniques and discover their own way of

creating a colourful exhibition. The exhibition was a huge success and KASBAH have even purchased a piece of art work for the Gingerbread House.

Majority of the KASBAH sites joined in with the arts project; Naomi who works at Rochester Road said "the trainees enjoyed attending the sessions, everyone was friendly and welcoming to us. We enjoyed visiting the exhibition and plan to visit the next one!"



KASBAH Annual General Meeting is now being held in October.. More info to follow.

A message from Emma..

Hello from me



The sun is starting to shine, so I hope you are feeling more positive as we head towards summer. Our latest project is almost complete and the first property KASBAH has built from scratch will be in use by the end of March (please ask Jane for a couple of photos). We have named the new building based at the rear of our Rochester Road property in Gravesend - 'Ann's Retreat' after our very own Ann Everett, a long standing trustee as well as the Chair of the KASBAH Board, for several years to acknowledge our gratitude and thanks for Ann's amazing commitment and passion for the charity. We are now actively looking for our next challenge, in particular an appropriate business venture so if you have any ideas, please contact me.

News from the Advisor Service

Karen Heath - KASBAH Advisors & Carers Development Manager
Officer. Email kheath@kasbah.org.uk Office: **01474 536 20**



Happy Easter to you all, spring has finally arrived!

I would like to say a big hello to our new volunteer handyman, Sean o'Leary, thank you for all your hard work within the projects over the last couple of weeks. KASBAH is very appreciative. **We are always looking at volunteering opportunities within KASBAH, any interest please contact kheath@kasbah.org.uk or call on 01474 536202**

KASBAH has been working closely with the local school in maintaining the onsite farm which has recently be established. Currently there are ten chickens, two guinea pigs and four degs which are a type of Chilean rodent living on the farm. We are currently trying to raise £5000 in order to expand the farm and build new homes for animals such as rabbits, hedgehogs, tortoises and rats. Please support our partnership project and help us with this expenditure, to donate see link below:
<http://www.crowdfunder.co.uk/northfleet-community-farm>

Hello to Sarah..

Sarah is soon to be joining the KASBAH board as an Advisor to the board, Sarah will be coming for a tour of KASBAH shortly; so don't be shy to say hello!



Hello, my name is Sarah Helsdon and I am Assistant Director of Business Transformation at mhs Homes. I have spent much of my career as a Human Resources Director across multiple sectors including financial services insurance, retail, IT and construction. I am now responsible for managing HR, Business Improvement and Performance and Communications within mhs. I was on the Board of Trustees for 121 Youth Befriending where I was involved in supporting the employees and trustee team to support the charity. I've also been involved in supporting others with charity events for charities such as Anthony Nolan Trust, Pancreatic Cancer UK, Macmillan and The Hospice in the Weald. This year I'm working with the MS Society as my current employers chosen charity. I find the work that KASBAH is involved in to be inspiring and want to lend my experience and knowledge to help it to continue to grow and support as many people as possible.

News from KASBAH Services.

Maddison House - We have had a very interesting month here at

Maddison House. We hosted a Mr and Mrs evening for all for the

parents to say a massive thank you as they have shown us huge support with our fund raising efforts. This was a successful evening won by Mr and Mrs McDermott. We even had our picture in the newspaper as we received a

donation from Nisa for £250! Butlin's here we come! We continue to volunteer at the KASBAH charity shop,

something which we all love to do! We have been spending time at the golfing range, went over by ferry to Tilbury and have even learned about foraging in Shorne Country Park, trying nettle soup afterwards!



Rochester Road - The trainees at Rochester

Road thought they'd try out an activity that they haven't done before so they took a trip down to the newly opened flip out trampoline

centre at Chatham Dockside. Abigail said it was "Wicked" and Nicola surprised us all with her skills, from

when she had been previously at one of her clubs. Rochester Road has also tried out some new

healthier recipes of cooking the food that they enjoy. Our most recent recipe we tried out was homemade slimming world chips

with homemade BBQ sauce which we cooked with chicken breasts. Karen said it was "lovely" and would like to make it again.



Seabrooke House -

Staff and service users attended the Disability Forum recently, the feedback was very positive and the information that they received on the day was extremely useful. Service users within Seabrooke House have been looking into different cultures and incorporating them with their social skills days, the most recent was Spanish Day, they researched foods which they then prepared and cooked for each other with the support from staff. They then researched music and different ways of cultural life, together with their meals made a very enjoyable day. Everyone enjoys learning new things and tasting different foods. They also celebrated Australia Day in style by cooking and eating kangaroo steaks...and a variety of other meats, this had mixed reviews from the tasters.

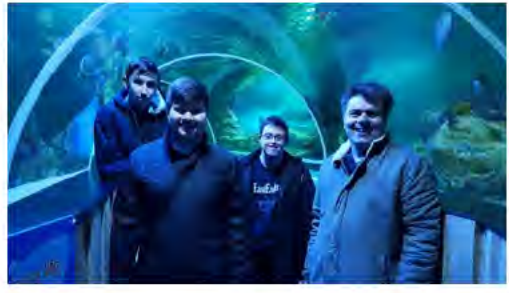


Seabrooke House Day Service -

Our day service provision has been busy planning a wide range of fun and educational activities, these include, budgeting, shopping, and cooking recipes from scratch. Going for country walks and sightseeing as well as Fitness activities. The service users select all the chosen activities themselves taking into consideration their own Individual needs. We have been focusing on incorporating



themed days which the service users really enjoy learning about, for example St Patricks day. We are currently working towards building our waiting list for our live in training provision. For further information of the services we provide, please contact Rebecca Glibbery (rglibbery@kasbah.org.uk or Dawn Varley, (dvarley@kasbah.org.uk) 01322 386841.



Short Breaks

The February session was a great success with Catherine Wilson coming along to assist with arts and crafts, the young people love to get messy! They also enjoyed making fajitas for lunch and making their own ice cream sundaes, reinforcing independence within our session. At the beginning of March we went bowling at the Hollywood Bowl in Rochester. The young people had a fun afternoon and enjoy socialising with their friends.

We are holding a play scheme during the Easter holidays at the Parkwood Youth Centre, Parkwood, Rainham, on Monday 3rd, Tuesday 4th and Wednesday 5th April and Monday 10th, Tuesday 11th and Wednesday 12th April. Any young person between the ages of 8 and 18 who is interested please get in touch with Rachel Bowman on the number below. **Our sessions run on the fourth Saturday of the month at the Millennium Hall, Rainham from 11 am to 2 pm. A Forthcoming session on the 22nd April. For further information please telephone Rachel Bowman, Co-ordinator, on 07432 865175 or e-mail us at shortbreaks@kasbah.org.uk**

Gingerbread

We had a great month during February our favourite part was celebrating Valentines day, the trainees had an arts and crafts sessions making cards for their loved ones. Katie saw her boyfriend at Gbeatz and enjoyed letting her hair down and having a dance. Gingerbread House have lots to look forward this month, with many activities planned.

Easter has lots of respite bookings which will be nice for the trainees to socialise and engage with different people of all ages. We plan to attend the disability sailing day, the Easter egg hunt at the charity shop and we are also taking part in a KASBAH scarecrow competition. Cookie day service continues to thrive, we celebrated pancake day, St. Patricks day and are now excited for Mothers day, Easter, St Georges day and all other yearly events.



MAGIC TO REGISTER PLEASE CONTACT -

Office.manager@medway-magic.org

Medway Autism Group & Information Centre (MAGIC) was formed in January 2006 to help parents, families and children living with Autism. In the beginning it was run from one single room, and expanded firstly by utilising a youth club, then to it's own office space whilst still using the youth club twice weekly and with the increase of services provided, two porta cabins were also required. MAGIC now have it's own purpose built building, enabling all services to be run from a single location.

MAGIC's principle activities include:

- Age appropriate youth club sessions twice a week.
- School holiday activity days
- MAGIC parties and fun days
- Staffed family day trips
- Telephone help and support for parents/carers
- Weekly coffee mornings
- Parent/carer training
- Additional Resource Centre tuition service
- MAGIC Café (In-house)

For the full MAGIC leaflet, please email Office.manager@medway-magic.org

Or please visit www.medway-magic.org for further information

G. Beatz

The Factory Bar, Priestfield Stadium, Redfern Avenue, Gillingham, Kent ME7 4DD
Tel: 07840 120586 Email: Crew@GBeatzNightclub.co.uk



Monday 10
April 2017



EASTER
PARTY!



Monday 24
April 2017



#G.BEATZ
PARTY!

NYNE PRESENTS

SHINE

TUESDAY 14TH MARCH

TUESDAY 18TH APRIL

TUESDAY 16TH MAY

DOORS OPEN 7PM // £5 ENTRY (free for carers)

NYNE LOUNGE : BEXLEYHEATH

267 BROADWAY BEXLEYHEATH DA6 8DB

WWW.NYNELOUNGE.COM

Stay in touch... Remember the staff at KASBAH are here to support you. We can be contacted at our main office at **7 The Hive, Northfleet, Kent, DA11 9DE** - by phone on 01474 536501 or email officeadmin@kasbah.org.uk

Or if you have any suggestions or comments for up and coming newsletters, please do let us know.

Newsletters are edited by Christie Hunt