

Meeting Place Officially Opens

What a busy few weeks we've had at KASBAH! As you'll know from our last newsletter, we took over the running of a cafe in Gravesend town centre very recently, and on Saturday 27 April The Meeting Place had its grand opening. What a day! Lots of friends came to support us, the cafe was busy all day long, the coffee machine was in over-drive and our staff and volunteers handed out free tasters such as mini fish & chips, shepherd's pie, cheesecake and Victoria sponge.

Our wonderful entertainment was provided outside by one of our day service users at Hattie Webb House; James Mills and his father Jim braved the slightly chilly weather to play guitar and sing; if you haven't heard James before you will be amazed how talented he is! We also had alternative circus performances from Element Entertainment out in the street, including stilt-walking, juggling and diabolo skills.



Our thanks go to KCC Councillor John Cubitt who gave a speech and cut the ribbon to officially open the cafe.

If you haven't been down to the cafe yet, do come down and see us for a freshly ground coffee or a pot of tea, along with a hot pannini (we have specials every week), jacket potato, bowl of soup or a slice of cake. You're guaranteed to enjoy what's on our menu and our service is pretty good too!

Our AGM is coming up...

Enclosed with your newsletter you will find documents regarding our Annual General Meeting, which is taking place this year at:

The Coach House, Strode Park Foundation, Herne, Herne Bay, Kent, CT6 7NE
Tuesday 17 September 2013, at 10.30am

This year our guest speaker is Zoe Lee from the Strode Park Foundation, and the meeting will be officially opened by the Mayor of Canterbury, Cllr Heather Taylor.

You may wonder why we have an AGM every year. It is a legal requirement for voluntary organisations that have company status, which KASBAH does, to have an annual general meeting. It's good practice for charities to have an AGM to act as a review of the year and deal with issues such as the election of board members and reviewing the annual accounts. Although it is a formal meeting, it's also a good opportunity to communicate with members, partners and other interested parties.

Please let us know if you are attending by returning the enclosed attendance slip - this helps us to work out what refreshments will be needed on the day. If you are unable to attend but would like to vote then please complete the enclosed voting slips and return those to us. Finally, if you have any items you would like included on the agenda, please let us know by 1 September.

Please note: KASBAH's Annual Review (2012-13), Audited accounts (year ending 31 March 2013) and minutes of AGM (2012) will be available on the KASBAH website - www.kasbah.org.uk from 1 July 2013. If you would like printed copies please contact Julie or Sophie at the Office on 01474 536501 or email admin@kasbah.org.uk



A message from Emma...

Hi Everyone

I hope you have the opportunity to visit our new cafe - The Meeting Place in Gravesend's High Street, this is KASBAH's first 'business venture' and we need your support and some Saturday volunteers to make this work. Please do pop in and try our delicious coffee and cakes.

This year KASBAH plans to establish the two new services; the Cafe and Maddison House. We will again be making contact with all KASBAH members to see if you have any particular needs and identify areas of improvement, your honest feedback is essential.

We are here if you need us, I hope to see you at the upcoming AGM in September. DIAL desperately need volunteers to assist with benefit form filling, if you can assist please call Sophie in the Office on 01474 536501.

Best Wishes

Emma

KASBAH Chief Officer



Seabrooke House Update

The guys at Seabrooke House have been attending 'Wheels for All' at the Cyclopark in Northfleet every Wednesday, there are all different kinds of bikes that can be used, from hand cycles to trikes, which means everyone can have a go regardless of their ability. It's a good form of exercise and it's fun too!

They have also visited Hall Place in Bexley, and the guys were given a chance to handle the owls that they have there, it's a beautiful place and everyone decided that they wanted to have a pet owl, that was until they were told how much they cost!



Cassie Webb celebrated her birthday, she held a party at Seabrooke House and invited everyone from Rochester Road and Maddison House, they all had a wonderful time dancing the night away.

Seabrooke House and Maddison House are also taking part in a group activity every Thursday where they pick a subject they want to learn more about. So far we have already covered fire safety, transport and relationships. Having a group session makes it more fun especially when they are in teams, meaning the competitive streak comes out!

Finally we are happy to tell you we have new tenants at Seabrooke House and in the flat at Janus Court, so a big welcome to Elizabeth Vale and Luke Arney!



Hattie Webb House Update



Amy and Sarah, two of our day service users, went for a picnic at Capstone Park in Chatham with Steve. Luckily the sun shone all day so we had a really lovely time!

James and Ross went with Steve to the Woodville Halls in Gravesend to see the wrestling. They had a great night and even got to meet one of the wrestlers!

Ross has started driving lessons again, he hopes to pass his test and have his own car so he can be much more independent.

Amber is really pleased that she can now travel independently up to London to visit a friend who is in hospital, she has done the journey with staff a few times but can now manage this by herself, which is a huge achievement.

KASBAH would like to congratulate House Co-ordinator Dawn Varley on ten years' service, she is now our longest serving member of staff! Congratulations Dawn and here's to the next ten years!



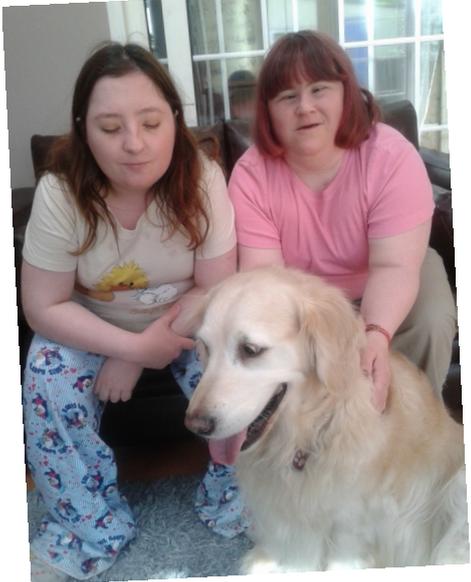
Rochester Road Update



Nicola celebrated her birthday this month and as you can see she had lots of birthday cards! Nicola went out to lunch with her mum to celebrate and had birthday cake which we all had a slice of. In the evening she went to Phab Club where everyone sung happy birthday and there was more cake!

Ash and Abigail have both been helping out in the Cafe, by serving drinks and snacks, washing up and taking money, they both came along to the grand opening and helped out on the day as it was very busy. Ash really enjoyed the performers who were there that day.

We had a Pets as Therapy dog come to visit us, Jess is a very calm and friendly Golden Retriever, and Abigail and Nicola spent time stroking and cuddling her.



Rochester Road currently has a vacancy for an adult with a moderate learning disability with some life skills who would like to be more independent and is happy to live in a shared house. Our staff are on hand 24 hours a day to support with all aspects of daily life including cooking, shopping, laundry, cleaning, as well as social skills.



If you would like more information or an appointment to view Rochester Road, please call Sally Cochran, House Manager on 01474 745738 or email scochran@kasbah.org.uk

Maddison House Update

The guys at Maddison House have been doing really well since moving in in April. Moving day was hectic but by the end of the day everyone was unpacked and settled in, and they celebrated by having a Chinese takeaway round the new dining table! Everyone has worked really hard to get their rooms looking how they want and have quickly got used to the new house and the local area.

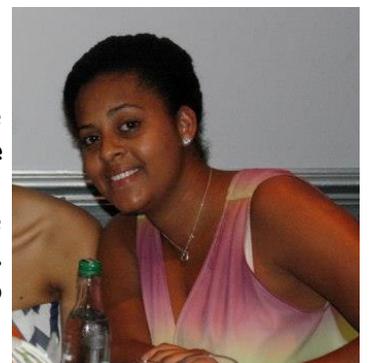
Tom has got himself a job working at the British Heart Foundation in the furniture shop, Simon is working at Peppercorns in the offices, and Mark has a job working in a charity shop. The guys at Maddison House have now all started to work at the cafe on Wednesdays which they all really enjoy and find very rewarding.

Some of the guys have tried out a few different activities like judo which they seem to have enjoyed. A few weeks ago Maddison House and Seabrooke House got together and went over to Tilbury for a day trip and had a really good time. They also have been organising some social skills which is on a Friday to meet up with the other houses and all get together and do an activity.

Hello from Naomi

Hello my name is Naomi and I work at Maddison House. I have been there since April and I really enjoy it. Before I came to KASBAH I worked in Walderslade with adults with learning disabilities and challenging behaviour.

I have a dog called Ozzie, a cat called Henry and two bunny rabbits called Millie and Mopsey, I also have a boyfriend called Dan who I have been with for 5 years. I grew up in Chatham and moved to Rainham 19 years ago. I look forward to meeting you all soon.



Short Breaks Update

We had an enjoyable session in March with the young people making Easter cards with Catherine Wilson from Pamper and Sparkle, and using chocolate to make Easter treats for our families. This activity produced a number of inventive concoctions!

Our trip to B & Q at the beginning of April was hugely enjoyed and the young people were able to proudly take home their completed boats. We are arranging another trip to B & Q as this has proved to be a very popular activity.



The April meeting included a gardening session made possible

by Barclays Bank who funded the activity, and their representatives also came along to help the young people plant out flowers and herbs into hanging baskets, tubs and troughs. They then sold their finished products to their parents and Short Breaks staff, and we are very pleased to say we have taken in £200 which will be used to fund activities for the young people in the future. We were pleased to welcome Richard Barker (formerly of



Aiming High) back. He came as a volunteer and thoroughly enjoyed helping the young people in their gardening exploits.

Our sessions run on the fourth Saturday of the month at the Millennium Hall, Rainham. We are always happy to welcome new members. Sessions for the next few months are on 22 June; 27 July and 24 August.

To contact us please call Rachel Bowman, Short Breaks Co-ordinator, on 07505 489049 or e-mail us at shortbreaks@kasbah.org.uk. We are happy to be contacted on a Monday or Tuesday.

The Meeting Place Update

Drop in disability advice service available at The Meeting Place

If you have any disability questions or need disability advice, you can pop in and see our Advisor at The Meeting Place on Tuesday 25 June from 10.30am until 2.30pm. Please note this service is offered on a first come first served basis.

As you'll have seen from the front cover, it's been a very busy few weeks at The Meeting Place! We took over in April and are already well known in the local community. All the KASBAH staff take turns to work in the cafe, and service users from our housing projects assist with preparing and serving food and drinks, wiping down tables, taking money at the till as well as generally making sure the cafe runs smoothly. Our grand opening was a MASSIVE success, with friends and family attending as well as new customers who are now regulars.

We'd like to say a big thank you to Heather Cochran who very kindly made our wonderful aprons which have been personalised with "The Meeting Place" embroidered on them. At just 14 years of age, Heather is probably one of our youngest volunteers; she also helps out at the Cafe when she can. Here's Chief Officer Emma, modelling one of the aprons!

Don't forget you can pre-order your lunch by calling the Cafe on 01474 320729, and find out what specials are on offer.



News from the Advisor Service



Karen Heath
KASBAH Advisor

Email kheath@kasbah.org.uk
01474 532950

Hello, my name is Karen, your new KASBAH advisor. I have been in post since the beginning of April and my job is proving to be extremely diverse, quite demanding, yet very rewarding.

In my previous role of 11 years, I was a carers' support worker out in the community, offering benefits advice, information and guidance, emotional support and advocacy; I also facilitated support groups for carers. Everybody at KASBAH and all of the projects have been very welcoming and helpful, especially as this has been an exceptionally busy time for us.

A big thank-you goes to Gill Reynolds and Christine Cunningham for their support and mentoring throughout my induction period.

I look forward to offering continued provision of advice, information and guidance to all members as their needs arise. Please do not hesitate to contact me, I am here to help!

The drop in service at Strode Park, Herne Bay will be continued on a monthly basis. Dates to be confirmed, please contact the Office for details.



Disabilinet.com is the exciting new social media site just for people living with or affected by disability.

Disabilinet is a unique community which delivers a new way to share and directly engage with people living with, or affected by disability by using blogs, pictures, videos, events and groups for free. You can use the

site to chat to other people, read their stories, view photos, find out about events.

Mobile versions of the site are also available for iPhone, iPad and android.

A Chance to Socialise with like-minded Members

Dear Members

Do you feel isolated? Would you like to meet other members that feel the same?

My name is Jody Beale, I live in Faversham. I am 50 years old and have Spina Bifida and Hydrocephalus and am a wheelchair user.

I moved back to Faversham 3 years ago, after living in Sussex for 19 years. My likes are bird watching or anything to do with nature, also socialising in pubs where you can have a good chat. I like working as a volunteer.

I am prepared to travel between Medway and Herne Bay to meet up on a 1:1 basis.

I would also like to get a group of us together for a Social gathering/event.

If you are interested in meeting up please contact me, by mobile but text first on 07970 416511 or in writing to: Mr Jody Beale, c/o KASBAH, 7 The Hive, Northfleet, Kent, DA11 9DE. Alternatively contact Karen, KASBAH's Advisor, details above.



New Wheelchair Clinic Opens in Ashford

The Wheelchair Service in Kent cares for around 20,000 people. They have now made it easier for people to reach a clinic; in addition to clinics in Canterbury, Maidstone, Aylesham, Medway and Dartford, a new clinic has opened in Ashford.

The clinic is based at Norman House, Beaver Business Park, Beaver Road, Ashford, TN23 7SH and is open Monday to Friday, 9am to 5pm.

To contact the clinic, call 0300 7900128 or email kcht.wheelchairservice-kent@nhs.net

COME JOIN US FOR
HORSE RIDING
AT WHITELEAF STABLES

Sessions run 3pm – 5pm on

19th May, 9th June, 30th June

14th July, 21st July

4th August, 11th August, 25th August

8th September, 22nd September, 29th
September, 13th October

at Whiteleaf Stables

Lower Road

Teynham

Sittingbourne

Kent, ME9 9LR



Brogdale CIC will be running a series of Horse Riding sessions for disabled young people and their families during May, June, July, August and September. If you would like further details or to book a place, please contact sarah@brogdalecic.co.uk or call 07812 416344

FOR MORE INFORMATION VISIT
WWW.BROGDALECIC.CO.UK



**Wheelchair Fencing
Coaches Course**

Saturday 29 June

10am - 4pm

Oakwood House

Maidstone

ME16 8AE



Community Dental Service

The Community Dental Service in east Kent provides a full range of community dentistry for those patients who are unable to access NHS dentistry locally, or who require specialist intervention or need a home visit. NHS dental treatment includes all treatment necessary to secure and maintain your oral health. We operate these services from 11 sites and a mobile dental unit.

If you need specialist dental care, you can be referred by a GP or other healthcare professional or you can contact our head office team direct. These services are available in Broadstairs, Ramsgate, Dover, Faversham, Aylesham and Herne Bay.

Phone: 0808 238 9797

Email: kcht.communitydentalservice@nhs.net

Lunch will be provided. Please inform us of any dietary needs.

The day will include information regarding background to Wheelchair Fencing, rules and regulations together with practicalities of working with disabled people. There will be a “hands on” practical demonstration in the afternoon. Please note the course will feature physical disability.

Cost £20 each per person. Please make cheques payable to “BDFFA” and send to:

Mrs C Walton

32 Devonshire Way

Shirley

Croydon



The national charity Listening Books runs an audiobook library service for people who find it difficult to read or hold a book due to illness, disability or learning difficulties, giving members access to thousands of audiobooks through the post and online. The library has over 7,000 titles and covers many popular genres including biography, crime, classics and historical novels. Membership fees usually range from £20 to £45 per year but the charity regularly applies for funding to provide free membership places for those who would find these fees a barrier to joining. Listening Books is

delighted to have been awarded funding for people living in Kent. To take advantage of this opportunity, please contact Roisin Armstrong on 020 7407 9417 or email roisin@listening-books.org.uk. You can also apply for a free place online by visiting <https://www.listening-books.org.uk/join-us.aspx>, clicking the ‘If you would find it difficult to pay the membership fee’ box and proceeding to fill in your details.

Shine Training

Hydrocephalus and the implications for learning
Developing professional knowledge and skills in
schools and colleges - Short course



Are you:

A teacher

A head teacher

SENCO

Teaching assistant

School nurse

Or anyone working within education?

Do you teach, support or have contact with a child with hydrocephalus?

If so, then this course is for YOU!

You will gain :

- An understanding of hydrocephalus and its effects
- Information on how hydrocephalus affects a child or young person's learning ability
- Strategies and tips for teaching and working with a child or young person with hydrocephalus
- Ongoing support and advice through **Shine** and our Support and Development Workers

Location :

'Hydrocephalus and the Implications for Learning'

– helping to analyse and identify how Hydrocephalus affects learning within the classroom environment.

Including a presentation by:

Dr. Trudi Edginton

Senior Lecturer of Cognitive Neuroscience, University of Wesminster

TUESDAY 18TH JUNE

10.30 am – 3.30 pm

**JURY'S INN, BRIGHTON,
EAST SUSSEX**

101 Stroudley Road, Brighton BN1 4DJ
01273 862033

Booking essential

Cost -

£12.00 per person

To include, 'Tips for Teachers' DVD and information pack.

2 course buffet lunch and refreshments

Booking details

This training can also be delivered directly to your staff at your individual school or college. Call for further information



shinecharity.org.uk

Shine, 209 Crescent Road, New Barnet,
Herts EN4 8SB

E: contact@shinecharity.org.uk T: 0208 449 0475

Registered charity no: 249338

Go wild at The North

Craft Workshops



Create a range of craft objects such as masks, musical instruments, jewellery and much more
11.00am—3.00pm Bring packed lunch
Minimum age 6 years
Sessions running every day Monday—Friday
Week commencing 29th July
£10 per day



Essella Road, Ashford, Kent, TN24 8AL
Tel: 01233 614630 • Fax: 01233 612906
E-mail: klittle@north.kent.sch.uk • Website: www.north.kent.sch.uk

Be a farmer for the day



Muck out, groom and feed our animals
11.00am—3.00pm
Wear suitable clothing and bring packed lunch
Minimum age 8 years
Sessions running Tuesday 30th July,
Wednesday 31st & Thursday 1st August
£10 per day



Football Skills



11.00am—3.00pm
Wear suitable clothing and bring packed lunch
Minimum age 8 years
Sessions running every day Monday—Friday
Week commencing 19th August
£10 per day



Indoor Climbing Wall

10.00am—12.00pm
1.00pm—3.00pm
Wear suitable clothing
Minimum age 6 years
Sessions running Tuesday—Friday
Week commencing 26th August
£6 per 2 hour session



To book a place on any of the activities please telephone Mrs Karen Little on 01233 614630 or email klittle@north.kent.sch.uk
All lead staff are CRB checked and first aid trained

Mum..... I'm bored!

The long summer holidays are almost upon us and with it comes that well-known chorus of "Mum, I'm bored... What can I do?" It can be very expensive trying to keep children occupied during the holidays, and as we all know, the weather isn't always helpful when planning days out. Here are some ideas that can keep the kids (and you!) busy - all are FREE! All these sites are in Kent, and all have good wheelchair access although we do recommend you check the venue's website or give them a call before setting off (KASBAH cannot be held responsible for any changes to venue facilities or opening times).

Armed Forces Day 29 June

Led by the Band of HM Royal Marines, the parade includes contingents of Royal Engineers and Royal Naval Reserve personnel and a large number of veterans led by the standards of their associations. The procession starts in Crow Lane, Rochester and finishes at the Castle Gardens. On the way it passes by the War Memorial in Rochester High Street before going on to Boley Hill for a short drumhead service, with music by the Royal Marines Band

Ashford Borough Museum

There is disabled access to the building's lower floor. Disabled facilities are also available.

11.00am - 2.00pm Tuesday to Saturday from early April to late October

The Churchyard, Ashford, Kent, TN23 1QG

Aylesford Priory

The Carmelite Friars at Aylesford Priory invite you to share the peace and tranquillity of the priory, which is a place of pilgrimage and a retreat centre. You are welcome to find peace in the priory gardens where you can picnic. The Chapels, some modern and some medieval, contain wonderful works of art. You can also visit the shop, tea room and pottery. Open Monday – Saturday 10.00am – 5.00pm, Sundays 11.00am – 5.00pm. Aylesford, ME20 7BX

Tel 01622 717272

Bedgebury Pinetum

There is no charge to enter the National Pinetum, but there is a parking fee of £8.50 per car (including Blue Badge Holders) to visit Bedgebury. Recently voted best Picnic Site in the South, cycle hire, café, very good accessibility but please ring ahead if you have specific requirements. Park Lane, Goudhurst, TN17 2SL Tel 01892 879842

Biddenden Vineyards

Visitors are welcome to stroll around the 23 acres of vines, set in the beautiful Kentish countryside. The vineyard is open throughout the year and admissions and wine tastings are FREE for private individuals. We also offer free guided tours on selected dates throughout the year – learn more about the history of the vineyard & how we make our award winning wines, ciders and juices, pre-booking essential.

Gribble Bridge Lane, Biddenden, Ashford, TN27 8DF

Tel 01580 291726

Capstone Farm Country Park

Children's play areas, fishing lake (a licence is required), picnic areas, cycle trail, café, accessible toilets

Capstone Road, Gillingham, ME7 3JG

Eynsford Castle

Open 1 Apr - 30 Sep 10.00 - 18.00 Daily

Eynsford Castle is one of the most complete Norman castles in England. Surviving fragments include sections of the curtain wall, some up to 30 feet in height, including evidence of the latrines, and remains of the hall-house within the castle walls

Fowlmead Country Park

Fowlmead has a two mile tarmac cycle track, leisure paths for cycling and walking and established woodlands, wetlands and reed beds full of wildlife. Free entry, small charge for car park. Bike hire available. Visitor Centre and café.

Sandwich Road, Sholden, Nr Deal, Kent CT14 0BF

Hall Place

Admission to the gardens is free, entry into the house is £7 for adults and £5 for children/concessions. If you visit on Fridays and at weekends you'll be able to meet captive owls and even get the chance to hold one, there is a small charge for this activity. Entry to the house is via ramp access. Mobility scooters are available but need to be booked in advance by calling 01322 526574. Gardens open 9am to dusk, house open 10.00am to 5.00pm.

Herne Bay Carnival 10 August

Procession starts at 6pm from Lane End and continues right along the seafront to Canterbury Road, where it turns into the High Street and finishes at The Broadway.

Herne Bay Festival

Saturday 17 – Sunday 26 August. “Creatures of the Deep” theme, various events taking place including an evening parade of pirates, live music and lots more. See website for further details and times.

Hernebayfestival.com

Kite Festival, Teston Bridge Country Park 8-9 June

Come along and join members from the Kent Kite Fliers club. Take part in our workshop to make your own kite or just marvel at the variety of kites on display. Disabled access toilets on site. Small charge for car park.

Teston Lane, Teston, ME18 5BX

Medway Fuse Festival 14-16 June

Friday - Gillingham High Street, Great Lines - includes Obstinate Oswald and the Monster of Mud, The Wonderful World of Mr E, Chutney in the Street

Saturday - Chatham Street Arts Day - includes The Word Shed, The Sirens of Cetham, The Comedy Waiters, Granny Turismo, Dolly Birds, Thingamabob

Sunday – Rochester Castle Gardens – includes The Flying Machine, Shirt or Squirt, Extravaganza and Ratty Mole & Mr Toad

See website for full details: fusefestival.org.uk - all areas are wheelchair accessible but if you have any specific requirements please call 01634 338319.

Mote Park

Covering more than 450 acres of mature parkland with a 30-acre lake, providing a wide range of recreational activities. A great place to walk around, exercise or just sit and watch the swans.

Mote Avenue, Maidstone ME15 7SU

Rochester Cathedral

The Cathedral is open daily from 7.30am to 6.00pm (5.00pm on Saturdays). Tours are available from 10.00am to 4.30pm (2.00pm on Saturdays). There is access for wheelchairs through the North door, and by lift from the Nave to the Quire. The Crypt is currently not accessible to wheelchairs. There are WCs for people with disabilities in the Tea Rooms and in the Cathedral (by the South Door).

Sidney Cooper Gallery

Friday 14 – Monday 27 June, 10.30am to 5.00pm

Photographic exhibition from students at Canterbury Christchurch University. Wheelchair user access is via the Westgate Hall Road entrance (opposite Westgate Hall) and is close to the Pound Lane public car park, please contact Gallery staff in advance by telephone (01227 453267) or email galleries@canterbury.ac.uk to arrange access.

St Peter's Street, Canterbury, CT1 2BQ

Spitfire and Hurricane Memorial Museum

Permanently housed at Manston are splendid and original examples of the two World War 2 fighter aircraft which served the Royal Air Force in areas of battle both at home and overseas. Open 10.00am – 5.00pm daily.

The Memorial Museum, The Airfield, Manston Road, Ramsgate, CT12 5DF

Tel 01843 821940

Tenterden Vineyard

The vineyard produces a wide range of award winning red, white and sparkling wines. Visitors are free to stroll at their leisure through the various attractions they have to offer: The Wine and Gift Shop, The Plant Centre, The Grapevine Bistro, The Beautiful Herb Garden, The Children's Play Area, free Wine tasting is available all year round. Open Daily 10.00am - 5.00pm.

Smallhythe, Tenterden, TN30 7NG

Tel 01580 763 033

Turner Contemporary

Art gallery on Margate seafront, with various exhibitions throughout the year. Open Tuesday-Sunday 10.00am to 5.00pm (closed 5 July). Disabled parking next to venue, very good wheelchair access. Cafe open 11.00am-3.00pm, overlooking Margate Harbour. Gift shop.

Rendezvous, Margate, CT9 1HG

Tel 01843 233000

ELEMENT ENTERTAINMENT

Element Entertainment are a sensational diverse five-piece troop based in Kent; travelling the UK to bring the best talent in alternative entertainment including fire performances, circus & freak shows, pole & cage dancers, stilt-walkers, shot girls, backing dancers, neo-burlesque dancing, chair dancing and much, much more!

All shows are tailored to cater to any clients covet, offering a range of shows including intimate options to a full display of all the skill and talents Element has to offer. Fully insured, with a long history of performing live and in music videos, Element Entertainment promises to offer an inviting and animated display that you're guaranteed to love!

Element Entertainment offers a wide range of experiences from all private functions to public events all at an affordable rate.

Check out our website for more details, photos and videos; you can also find us on facebook, just search for "Element Entertainment UK".

Our website:

elementenquiries.wix.com/element



FREE Family festival celebrating Medway's maritime connections, both on and off of the River Medway

MEDWAY
River
festival
2013

Saturday, 6 July 10am - 4.30pm
Chatham Waterfront, Kent

- Races and floating river processions, with colourful displays of yachts, rowing boats, seaplane landing, motor cruisers, barges, tugs and kayak activities.
- Local clubs and associations offering support and advice for everyone to learn more about the river.
- Live music, food stalls and children's entertainment.

Enjoy Medway www.enjoymedway.co.uk Medway the heart of Kent Medway the heart of Kent Serving You

Disability Sport in Kent

Kent Sport is committed to raising the profile of disability sport across the county and is proactively working with National Governing Bodies, Local Authorities (Sports Development Officers, Schools and Adult Services) and local clubs to ensure that people with physical, sensory and learning difficulties have equal access to sport and physical activity across the County.

If you have any questions regarding Disability Sport in Kent or would just like to find out more, contact Carolyn Dool (Sports Projects Officer) on 01622 605022 or Mike Bishop (Equalities Access Manager) on 01732 525389.



Stay in touch...

Remember the staff at KASBAH are here to assist you. We can be contacted at our main office at **7 The Hive, Northfleet, Kent, DA11 9DE**

- by phone on 01474 536501

- or email admin@kasbah.org.uk

The office is open from 9am to 4.30pm weekdays.

www.facebook.com/groups/125477702659/ or search "KASBAH"

