

KASBAH AGM

Just a reminder that our KASBAH AGM on Wednesday 26 September 2018 is in the Long Room at the Port Lympne Hotel. If you haven't already sent your vote back or attendance slip, please send it back to the office at the KASBAH Business Response attached or email officeadmin@kasbah.org.uk, if you need a copy of the form you can download this on our website or request one using the email above. Your vote really does count so we appreciate your responses.



Membership feedback forms

Its that time of year again where we ask all of our members to fill out a feedback form on how KASBAH has helped you and what we could improve on. We value all of our members feedback so please fill out the form attached.

Thank you for your continued support of KASBAH.

Please send back to the freepost address, alternatively if you do use a stamp then you will be saving KASBAH postage costs.

A message from Emma...

Hi from me,



Hi Everyone,

The summer is flying by at KASBAH and we have many new initiatives underway; the Summer Ball will take place at the Gravesend Rugby Club this year on Friday, 7th September, tickets are available from Maddison House on 01474 335 840 or alternatively email Victoria on vnoriss@kasbah.org.uk.

Please do make a note in your diary. This is always a fun and well supported event and this year will include an Awards Ceremony for some great achievements within the

organisation. KASBAH has a new day service now in operation at the Cricket Pavilion in Donald Biggs Drive in Gravesend, this has been developed for more complex needs and is the first service we are trialling at this level. Playscheme is in full swing in Parkwood, Rainham offering a range of activities throughout the Summer on a Monday, Wednesday and Friday, further details are available from Sophie on sheath@kasbah.org.uk (and from the office). We are progressing a new house purchase which we share fully when the sale has progressed further. We may be busy but always have time for you too, so if you need support and someone to listen please do give us a call on 01474 536501.

Best Wishes

Emma

Gravesend Dynamites

As many of you may not be aware, KASBAH are very proud to sponsor and work in partnership with the local wheelchair rugby team - Gravesend Dynamite (if you see the minibus driving around Kent, this is what we are referring to ;)). On Saturday, 9th June 2018 I had the pleasure of presenting a multitude of awards for progression, outstanding play and achievements. I also had the pleasure of meeting the 2018 Commonwealth Games GOLD medallist Georgia-Mae Fenton who presented the special awards. Not only has she successfully competing on an international stage but she's from Gravesend too and was such a lovely lady and a pleasure to meet and hear about her journey to success. Georgia-Mae's key message was to train hard and



always believe in yourself, I certainly left feeling uplifted. Thank you Jason (Founder and Manager of the Team) for the invite and our on-going positive relationship. If anyone would like to give this sport a try, please contact Jason on wheelchair.rugby@yahoo.co.uk.



News from the Advisor Service

Karen Heath - KASBAH Advisor & Carers Development Manager
Email kheath@kasbah.org.uk Office: 01474 536 202

Hi Everyone,

What a wonderful summer we have had! Even dare I say it, a little too hot at times, for me! The advisor and DIAL have been busy, with many of our members being transferred from DLA over to PIP. Often requiring the support and guidance with this process from our advisory service. Our DIAL team of volunteers are always happy to help with filling out the forms, however this would be done within the DIAL office. Please remember we are always here to help with any issue arising, do not hesitate to contact us.

Regards

Karen



DIAL
NORTH WEST KENT

Run by disabled people,
for disabled people

Call the Advice Line

01474 356 962



@NWKDIAL

dialnwk@kasbah.org.uk



KM newspaper group is looking for charities to support in 2019

KM Charity of the Year is open for applications from regional or national good causes until Sunday 21 October. Once nominations close the editors in each KM Group community choose one charity to support. As well as receiving the support of the local newspaper, the chosen voluntary organisation will also receive the backing of kmfm radio, KMTV and KentOnline. The selected cause will also be supported by the charity department at the KM Group through collaborative fundraising events including the KM Big Bike Ride, KM Colour Run, KM Charity Walk, KM Dragon Boat Race and the KM Assault Course Challenge. Further information including how to apply is available on the KM Group website.

News from KASBAH Services.

Rochester Road- Rochester Road have been very busy this month.

Since the summer holidays started at the community farm, KASBAH have been taking on responsibility of the animal care. This includes cleaning out the rabbits, lizards, guinea pigs, ducks, chickens and a lot of goat poop! We've also made the most of the weather and have been down to the prom using the outside gym equipment and took a visit one evening to the Woodville halls to watch a Michael Jackson Tribute.



Maddison House- Hi everyone! It has been a busy time at Maddison House lately. We have been making plans for The Summer Ball in September. We have some fab prizes and hope that everyone will be joining us at The Rugby Club on 7th September. We have been on some great trips, we've played Bingo, and we went to watch Celebrity Catchphrase being filmed (keep your eyes peeled for us in the audience). We took part in the KASBAH trip to Chessington, some of us went to the zoo while the braver ones of us whizzed around on the rides. We also took part in the Northfleet Carnival which was really exciting. We have to thank Becky and Jim for pulling it all together and making the float look absolutely amazing! Our recent highlight has to be going to watch The Britain's Got Talent live Semi-Final at The Hammersmith Apollo in London, it was brilliant to watch filming and seeing what goes on behind the scenes with Simon Cowell, the judges, Dec and Stephen Mulhern. We are currently looking forward to our trip to Butlins in November, stay tuned to see what we are all going to be dressed as on fancy dress night. We will be a sight to behold!



Gingerbread House- Gingerbread house has had a fully packed summer filled with new exciting adventures with one being Chessington World of Adventures, even with Katie Austen having a broken leg, she did not let this dampen her spirits. They have also enjoyed days out at Eagles heights, Northfleet school for girls farm & Leysdown beach. Katy Shaw has even encouraged & taught staff how to ride Ernie at horse riding. Gingerbread house have also been very busy with respite & Play scheme which was also successful. Next month we are looking forward to celebrating Katie Austen's 30th birthday!



Short Breaks- Short Breaks had a successful quiz night at the beginning of June and were pleased to welcome participants from Kasbah houses and our own young people and parents. Young people helped out with preparations, the draw, craft table and refreshments; and the quiz was very ably presented by our quiz master, James Gillham. All proceeds will go towards the project. At our session in May our young people decorated plant pots and potted plants which were donated to the Danecourt Special Needs School for their summer fete. We also attended the fete to spread the word about our projects. In July we visited a pottery which was situated on a peony farm where the young people were able to decorate a piece of pottery which was then fired and glazed and they were able to keep. The pieces were very impressive and we were very pleased with the results. In August we hope to be going go-karting (this trip had to be cancelled due to very bad weather unfortunately, but we will be re-arranging) and in September we have a visit to the zoo. At the end of July and into August we ran the play scheme with Sophie Heath, Co-ordinator, and other Kasbah staff who came along in support, over a period of three weeks at the Parkwood Youth Centre. Young people were able to enjoy a full range of activities and trips out. The next play scheme will run during the October half term.



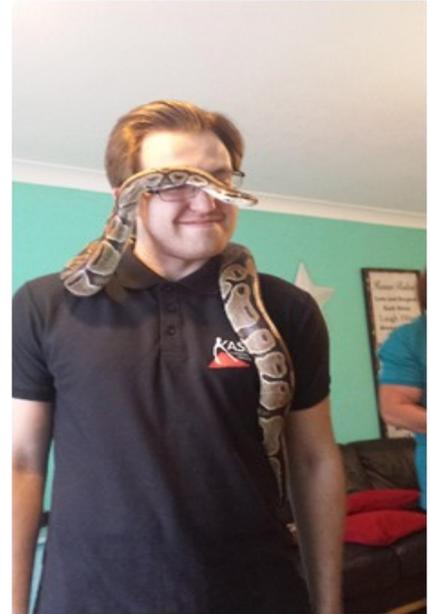
Hattie Webb House—We all enjoyed celebrating HWH's 10th

Birthday, I still cannot believe that we have been open for this long, time really does fly when you are having fun. I would like to say a very big thank you to those that helped us on the day by making some exceptionally very yummy treats and to those that visited us, seeing old and new faces on the day made the occasion extra special. During the very hot weather we have been focusing on how to stay safe and cool, this included planning activities around the weather to reduce being out in the heat for too long at the hottest part of the day and looking into simple healthy meal options instead of cooking large hot dinners, alongside ensuring that we know how to stay cool and hydrated is looking lovely and fresh with the ongoing decorating, we have received lots of compliments from visitors stating how homely and clean the house is. The service users have had full input throughout the process including new wall decoration, cushions and light fittings. We have welcomed 2 new additions to the HWH family, Lily and Darcy, they have settled in very well with our other bunnies, having the bunnies at HWH has become a very good focus point for therapy and learning all about their care. They have their own little personalities and certainly keeps us all very busy and entertained. If you would like to pop in and visit us or for further information about our services then please contact us, Dawn Varley, Hattie Webb House, House Co-ordinator 01634 404468, dvarley@kasbah.org.uk.



Seabrooke House- Hey All! Seabrooke House have been staying safe the heat and have enjoyed getting involved in numerous events such as the KASBAH Big Day Out, the Northfleet Carnival Parade, supporting our resident Lee during a Charitable Walk & lots more. During our training sessions we have touched on various subjects such as Understanding Others' Disabilities/Difficulties, Recycling, Making Bucket Lists, Body Language & more. We are looking to arrange a day where we go to Brands Hatch and experience a professional Rally Driver take us for a spin around the track, this is something that come up on many of the guys' bucket lists so that's what we're looking to achieve. Let's do it!

Seabrooke House Day Service- We are thrilled to welcome some new additions to our Day Service groups who attend during the week. We can't wait to support our new folks to achieve valuable Independent Living Skills that they can take with them anywhere they go.



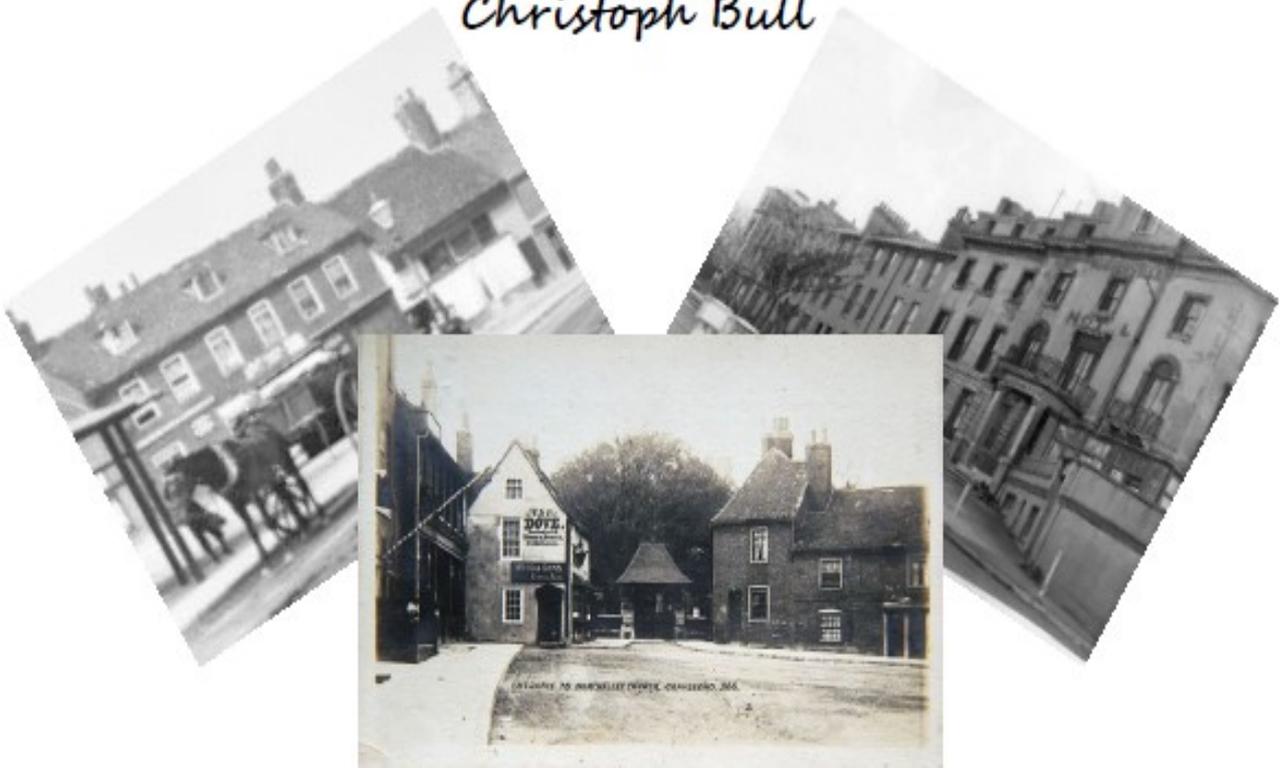
Since October 2014, Totius a consortium of parent-driven charities, with Beams as the lead agent, have been commissioned by the Council for Disabled Children to deliver Independent Support in Kent. The Independent Support programme was originally commissioned to be a time limited resource, supporting the transition from Statements to Educational Health and Care Plans, and although the service has previously been extended it will now come to an end on 31 July 2018. During the 4 years that we have been involved in this programme, our staff have supported hundreds of families. As parent-driven charities, we are extremely proud of the professional support and dedication our staff have given to parents and young people who have used this service. From August 2018, advice and support will continue to be available to families through their local SEND Information, Advice and Support Service, which in Kent is delivered by Information, Advice and Support Kent (IASK) Helpline: 03000 41 3000 and also through the National Contact helpline Freephone: 0808 808 3555.

If you have any queries, please do contact us.

GUIDED WALK OF NORTHFLEET

HISTORICAL TOUR
&
EYE OPENING EXPERIENCE !!

With Local Historian
Christoph Bull



TUESDAY 11TH SEPTEMBER 2018

11.00am-1.00pm

Meet at the Northfleet Veterans Club, The Hill, Northfleet, DA11 9EU
Light Refreshments will be available in the Veterans Hall at the end of the tour

Suitable for all ages

To book your free place contact:

CVSNWK

Tel: 01474 354479

Email: jaki@cvsnwk.org



money raised by
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through



Disabled Living Newsletter

August 2018

REMAP

Solving those unsolvable problems

PREMATURE BABIES

New birth congratulations cards launched

HOW ARE MORRISONS SUPPORTING PEOPLE WITH AUTISM?

Quiet hours across stores

GOVERNMENT PUTS DISABLED PASSENGERS FIRST

Innovative projects to improve train journeys

 Disabled Living

For more information please go to—www.disabledliving.co.uk

Stay in touch... Remember the staff at KASBAH are here to support you. We can be contacted at our main office at **7 The Hive, Northfleet, Kent, DA11 9DE**
- by phone on 01474 536501 or email officeadmin@kasbah.org.uk

Or if you have any suggestions or comments for up and coming newsletters, please do let us know.

Newsletters are edited by Lauren