



A VISIT FROM SANTA

Princess Christian's Farm, Riding Lane, Hildenborough, Kent, TN11 9LN

15 Minute Santa visit Available

Monday 19 - Friday 23 December 2022
10.30-am-12pm and 12.30-2.30 pm

Santa is visiting Princess Christian's Farm



KASBAH NEWS

December 2022

Come visit our lovely farm and a wide range of animals, from donkeys to emus. Santa has decided to set his grotto up close to the animals this year so you will have a great experience.

Your visit to Santa also includes time to stay and enjoy the wonderful farm and many of its assets on the day of your visit.

Please do call or email once you have booked your ticket to confirm your child's age and gender. Santa needs to prepare the perfect gift!

Book your tickets at [TryBooking.com](https://www.trybooking.com)
<https://www.trybooking.com/uk/BYFX>
Child Ticket £15 £10 including a Santa Visit and gift
Parents and Family £5 including a free tea and coffee

For further information, call the farm on 01732 838408 or email: pcfarm@kasbah.org.uk

KASBAH WORKING IN PARTNERSHIP WITH DISABILITY

KASBAH (DIAL) is no longer commissioned to provide information, advice and support directly. We are still at the end of the phone to provide informal support to our members.

Going forwards, all referrals and enquiries for direct support regarding disabilities (such as a wide range of information around independent living and all aspects of life with a disability), need to be directed to the call centre with our partner charity, Disability Assist. If the call comes from North-West Kent the call centre will inform KASBAH (as part of our partnership agreement) and we will aim to make contact within 72 hours.

Get in touch with Disability Assist by calling 01233 633 187 for direct support.

You may also find it helpful to go to their website www.disabilityassist.org.uk where you will find many self-help resources, such as benefit guides, budgeting advice and useful links to other

services that might be relevant to your enquiry.



MESSAGE FROM EMMA.....

I hope you are enjoying the build up to the Christmas season, we have lots planned in KASBAH; a visit to the panto in Tonbridge, if anyone would like to join us on 14 December for the evening performance, do let us know tickets are £10 a person. The farm will be open for Santa visits from 19-23 December and we have a great range of Christmas gifts and plants on sale. We will be having individual celebrations on each KASBAH site and will be available for emotional support and guidance up until 4pm on Friday 23 December when the office will then close until Tuesday 3 January 2023. We do screen calls over this period for urgent support requests so will still be able to offer limited support during this time if it is needed. Wishing you all a wonderful festive time and see you all in 2023 if we do not meet before. Best Wishes Emma.



MEMBERS ADVISOR SERVICE

As the winter nights are cold and dark, please be mindful of anyone alone and not able to access the community. Recent studies show that this time of year can affect people's health with symptoms such as depression, loneliness, and a sense of abandonment for those who are unable to get out. A friendly face is always welcome so please do consider becoming a companion for someone who might feel isolated in your community.

Age UK and their charity partner The Silver Line can put you in touch with people via their friendship services. Please see their website www.ageuk.org.uk or call free on 0800 4 70 80 90 24 hours a day, 7 days a week.



Volunteering can be a great way of learning a new skill, gaining experience and improving your confidence, mental health and overall wellbeing. Why not give it a go?

Everyone at KASBAH would like to wish you Merry Christmas and a Happy New Year.



HELLO AND GOODBYE

Joining our staff team recently is Ella B who will be working at Rochester Road and Lia C, who has joined us at the farm. Welcome to you both, we hope you enjoy your time working with us.

Donna is also a new face at the Gingerbread Office, Donna joined us initially to assist Julie with the finance and is also now sharing the calls coming through on the benefits advice side. Welcome Donna.

Saying goodbye is always hard but we would like to give our best wishes to Katie P who has left the farm team, Lauren S, who is leaving Rochester Road and Linda N, who is also leaving us but will stay on the bank staff team.



Donna

GINGERBREAD HOUSE

All are looking forward to the upcoming month and we can't wait to decorate the house ready for Christmas with lots of our arts and crafts. We will also be having fun, Christmas shopping and going to Christmas events and markets. Halloween was fun, we won the competition within KASBAH for the best decorated house and enjoyed carving pumpkins. We had a party with Shortbread House and waited for people trick or treating to come to the house. We all went to a Halloween party hosted by G Beatz in the same week and dressed up in our scary costumes.

Bonfire night was great too. We had fun making arts and crafts and went outside to see the fireworks.

We have been to Leed's Castle. It was an amazing experience!

We took a lovely walk around the grounds, saw the swans and even a robin! Then we took a walk up to the castle and had a look around inside. It was beautiful and we enjoyed learning a lot about the history of the castle.

Sophie W has recently started working at Princess Christian's Farm and loves spending time there. She love working on the small mammal section.

When asked what her favourite animal at the farm is, Sophie replies "I like the rabbits".



SUDOKO

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SHORTBREAD HOUSE



It's been fun as usual at Shortbread House we have filled our time with lots of exciting activities. In October we celebrated Georgina's birthday by going to a haunted house, that afternoon we made our own kites and even had a go at flying them.

Katie A has been enjoying day service at Rochester Road. She has been enjoying learning to cook and try new foods.

We are all really excited at the news we are getting a new kitchen. We

hope this will happen very soon and will show you the outcome in the next newsletter.



Jagdeep has recently left our service and we would like to wish him all the best for his new placement. It has been a pleasure having him here and working with him. We hope he settles in quickly and are looking forward to hearing about your new adventures very soon.

MADDISON HOUSE



As usual we have been enjoying ourselves to the max. A recent comedy night organised by Beams was a great night and enjoyed by all. It was hosted and performed by people with autism and it was amazing! It was very funny and we would all highly recommend it. We will definitely be booking tickets for their next event.

Sam P accompanied Tom, Dan and Alex to a snooker night in Hartley. They were lucky enough to meet Steve Davis and Dennis Taylor. They all thoroughly enjoyed themselves.

We all attended a Peaky Blinders charity night organised by Natalie's niece in aid of KASBAH, lots of money was

raised. Thank you to Natalie's niece for an evening full of laughter.

At a Halloween party at G-Beatz, Natalie won the fancy dress and Dan won the dance competition! I am sure you will all agree that Natalie deserved the win.

Graham, has been a superstar and made dinner for his brother at his family home. This is something that he has never done outside of Maddison House before and his brother reported that the spaghetti bolognese was delicious! Well done Graham!



ROCHESTER ROAD

We made the most of the nice weather back in September when Nicola, Thomas, Abigail and Matthew all went on their first house holiday to Disneyland Paris it was also their first holiday abroad. We all got the Eurostar from St. Pancras and sat back and relaxed. Before we knew it, it was 'Hello Minnie, Mickey and friends we have arrived at the Magic Kingdom.

We stayed at the Marvel Hotel; it was very cool as it had just had a refurbishment. We saw many characters, some of our favourites were Jack Sparrow, Tigger and Black Panther from the Marvel films. We got to interact with them all and take pictures, we see some characters just walking around the park too. We squeezed in as many rides as we could with some of our favourites being Tower of Terror, Peter Pan and the Pirates of the Caribbean.

The parades were magical, brightly coloured and decorated with so many characters going by. The highlight of the trip was the breath-taking illuminations fireworks projection on to castle at night, the music made it even more magical. We loved our trip away in Disney even though we were very all really exhausted when we got back.



OUTREACH SERVICES

Outreach have had a great few months, the weather has allowed us to go to outside venues on our Friday social skills.

We have celebrated Geoff, Michelle and Mandy's birthday's and had lots of laughs.

On a short break to Brighton at the end of September the heavens were open for business, lots and lots of rain, although this didn't stop us from having fun. We visited the Pavilion and Sealife Adventures, and shopped in the artisan shops where there are many unusual items to choose from. It was just lovely to get away.

For Halloween, we all went out to Hot Rods Diner for a meal where we all wore our silly monster hats, ate dinner and shared a Count Dogular Chocolate Cake.

We are now all busy planning for Christmas. Staff and service users are all going out for slap up Christmas meal all together. We are all looking forward to spending the evening together. We recently went to the Rochester Christmas Fair. There were lots to see and do there and everyone has a great time. Merry Christmas and a happy new year from everyone on the Outreach Team.



HATTIE WEBB HOUSE

HWH are busy making plans for the festive season, we are budgeting for Christmas shopping and our group meals out to celebrate Christmas together.

Some of our service users have been experiencing some awesome days out 1-1 with staff, one of these days out was to Comic Con in London. The atmosphere at this event was mind blowing, people were dressed up in their favourite Cosplay costumes and taking part in the whole event. There certainly was plenty to see and do and of course the stalls with merchandise, which was very expensive, but we managed to get some souvenirs.

Everyone including our day service attendees went to Princess Christian's Farm for our Annual General Meeting, we took part in some lovely, planned activities following the Meeting as well as catching up with friends, old and new. We still all very much enjoying a cheeky hot chocolate out in the community, now the weather is chillier we must stay warm.



Disability Assist is a charity which helps people with disabilities in Kent to live more independent lives. This means having the right support in place and being in control to live the life they choose.

We are run by disabled people, so we understand the challenges of life with a disability or long-term health condition. We support disabled people to have choice and control in all aspects of their lives

We assist you with information, guidance and support, peer support, advocacy and benefit support such as form filling, preparation for an assessment as well as the tribunal process.

Take a look at our website
www.disabilityassist.org.uk

Call 01233 633187 or email
info@disabilityassist.org.uk



PRINCESS CHRISTIANS FARM

After opening the farm over the summer period and receiving some amazing feedback we are once again preparing to open our doors to the public, this time will be extra special as we have created a magical grotto and have Father Christmas visiting for the duration. We can't wait to welcome everyone back. Please book via the website if you would like to visit. No two days are the same here at the farm and today has been no different. We are currently replacing the old cladding on the common room and the old silos are being taken down to make way for new ones that do not leak.



Our respite flat is now fully functional and some of our attendees have enjoyed spending the night here. I have heard that the chickens can be a little noisy in the mornings though.

We have a few new arrivals since the last newsletter. We now have a ram who is here to work his magic with the ladies. Everyone is very excited and now

looking forward to the spring when we hope to have lots of new lambs.

We have a hedgehog and lots of new reptiles too, including a veiled chameleon and a blue tongued skink.

Recently we have had two new goats join us.

Unfortunately, one got her leg caught in a hay rack and has badly hurt herself but not to worry, she is getting the best care here.



Attendees have also been working hard in Horticulture, they harvested their own home-grown vegetables and have enjoyed tasting them



in their meals that they have prepared in the kitchen. Everyone is now preparing for Christmas by making wreaths and potting Christmas planters.

SEABROOKE HOUSE

At Seabrooke House the staff have been running lots of different group training sessions to keep the everyone motivated and busy, these have included fruit tasting, health and safety, arts and crafts and meditation.

In October we all had fun celebrating Penny's birthday with a meal and drinks at the Leather Bottle pub. We also said goodbye to Tom who is off to university in Canterbury by making our own Seabrooke House carvery, Tom is doing great and he will hopefully be joining us for social meal very soon.

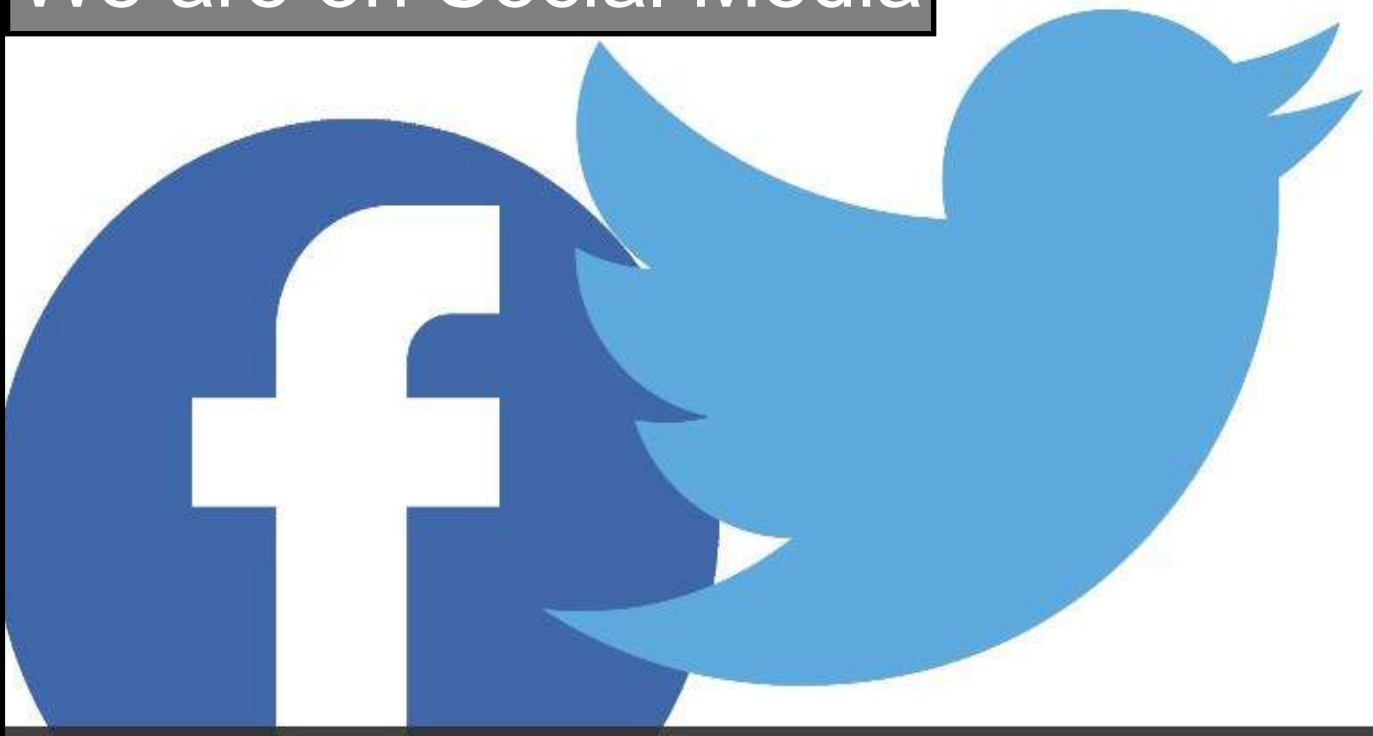
Ru recently checked out the new coffee shop at Castle Hill called The Blue Bean, she reported back that the pear juice and cake were lovely.

Everyone still enjoys their sport sessions at Swanscombe leisure centre playing badminton on Mondays. It is great to get out have fun and keep fit at the same time.

Our day service are enjoying working at the Kasbah Charity Shop meeting and greeting all of our customers.



We are on Social Media



Follow us on Twitter and Facebook!

@kasbah_kent

Stay in touch...

Remember the staff at KASBAH are here
to support you.

We can be contacted at our main office at

27A—27 East Kent Avenue, Northfleet, Kent. DA11 9HU

by phone on 01474 536501 or email officeadmin@kasbah.org.uk

If you have any suggestions or comments for up and coming newsletters, please get in touch

