

General News

Thank you to all those that completed the Membership Renewal form in the last newsletter. A draw took place to select a winner of the £25 Amazon voucher and the prize has been sent to the lucky person!

Save the Date — KASBAH AGM 2025

We will be holding the next KASBAH Annual General Meeting for all members on Tuesday 30 September 2025 at Ebbsfleet Football Club, The Kuflink Stadium, Stonebridge Road, Northfleet, DA11 9GN. The meeting will start at 11am and refreshments will be provided. Further information will be sent with the next newsletter and we hope to see you there.

CEO Welcome – Emma Carver

Welcome to this edition of the KASBAH News, remember we are only a phone call away and if you would like to contribute articles and share topics of interest for the newsletter do contact the office on 01474 536051 or email: admin@kasbah.org.uk



Volunteers Week 2– 8 June 2025

The first week in June celebrates nationally the work of volunteers across many sectors and organisations. We would like to take this opportunity to thank all the Volunteers past and present for their valuable contribution to our services at KASBAH and Princess Christian's Farm. This includes the Board of Trustees, DIAL/Advice Service, KASBAH Charity shop and Princess Christian's Farm volunteers.

Thank you for your support!

Kent Connect to Support

This website gives you answers to common questions, information and advice to help you look after yourself, stay independent and connected.

<https://kent.connecttosupport.org/>



KASBAH Advice Service — Carly Gadd

ESA to UC Migration Notices

I have written a personal blog on my experience of transferring to Universal Credit which can be accessed on the KASBAH website. This will be under the Quick Links section on the main page of the website; www.kasbah.org.uk.

If you would like to speak to me directly regarding this, please contact me as below and we would also be interested in hearing how other members have found this process.

Should you need any information/advice or assistance to complete your Migration Notice, then please contact Carly Gadd at the KASBAH Office on 01474 536501 or cgadd@kasbah.org.uk.

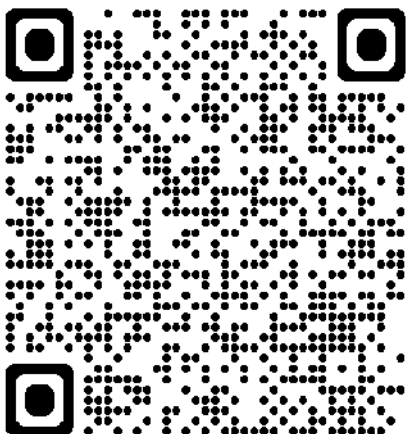
We hold in person or telephone appointments (booking necessary) at the Hive on Tuesdays and Wednesdays.

PIP Green Paper Consultation

As you may be aware there has been a white paper with the proposed changes to PIP system back in April. This has now gone to the green paper stage and is under consultation. The consultation closes on 30th June 2025, if you would like to share your opinions on the changes to PIP and how these may affect you. Please do so before 30th June.

Please copy and paste the link below into your browser to view easy read guide and details of where to share your views/opinions

<https://assets.publishing.service.gov.uk/media/60f6908ce90e0764ce8267c4/introduction-shaping-future-support-green-paper-easy-read.pdf>



Scam Awareness

Unfortunately scams are on the increase across the UK and those seeking to gain access to personal and financial information are becoming more clever in their approach. Anyone can be targeted but sadly people with disabilities are likely to be more vulnerable to the methods they use.

Disability Assist have put together a really good checklist on their website as well as other useful information regarding this topic. Please see their website for further information:

<https://www.disabilityassist.org.uk/self-help-information/protect-yourself-from-scams> or scan the QR code to access the Scam Awareness Checklist.

KASBAH Fun Run!

Staff and service users had a great time participating in a Fun Run held at the farm last week. Obstacles and hay bales were set up in the field with the Alpacas (although they did not take part). Part of the excitement was to avoid the dung piles as well as those with the water pistols! It was lovely to come together as a group, there was a raffle and a cake stall, together with the entry money, over £500 was raised! Thank you to Phoebe, Keeley and all the staff team that assisted to make the day run so successfully.



KASBAH Feedback Questionnaire

We would appreciate if you can complete the enclosed feedback questionnaire and return via post using our Freepost Address : KASBAH Business Response, RTJU -TGUZ-AJUE, Gravesend, DA11 9DE.

Alternatively you can complete via the KASBAH website and the link to the form <https://www.kasbah.org.uk/wp-content/uploads/2025/04/KASBAH-FEEDBACK-QUESTIONNAIRE.docx>

Please return your completed forms to admin@kasbah.org.uk

Holidays and Travel

Planning an accessible holiday can be daunting whether in the UK or further afield. The following links have useful information on what to consider;

Access Able— <https://www.accessable.co.uk/>

Scope: <https://www.scope.org.uk/>

Disability Assist—<https://www.disabilityassist.org.uk/>

There are companies that provide accessible holidays and we would be interested in hearing from any members that have had personal experience of using these or any other experiences that they would wish to share that may help others when planning a holiday. Please send your comments or feedback to the Office on admin@kasbah.org.uk

Involve Kent

1 in 4 people in Kent & Medway who are out of work are affected by long-term ill health.

We're supporting a new strategy being created by Kent and Medway Integrated Care System which aims to help people with long-term health conditions or disabilities get into, return to and thrive at work.

We're looking to speak to people who:

Live in Kent or Medway,

Have a long-term health condition and/or disability; and,

Are currently working, have worked in the past, or are trying to find work.

You will receive a £25 voucher for your time.

Interested or want to know more? Contact us at 03000 810 005

or partnerships@involvekent.org.uk



Volunteer Drivers needed for a new Healthy Living Centre Dartford project.

Would you like to help make a difference for others within our local community?

Do you have a full driving licence and access to your own car?

Or do you have admin skills you would like to volunteer to help support the project?



If you answered yes to the above, please contact us on 01322 470926, email transport@hlcdartford.org.uk or complete the online form using the QR code to register your interest.



We Are Beams

Our Family Advice Service run our clinics term time which take place in Gravesend, Dartford and Sevenoaks. We can assist with matters relating to health, education, social care, financial matters and more.

For further information and to see the range of services that We Are Beams provide, the link to their website is:

<https://wearebeams.org.uk/>

Stay in touch...

Remember the staff at KASBAH are here to support you.

We can be contacted at our main office at

7 The Hive, Northfleet, Kent, DA11 9DE

by phone on 01474 536501 or email admin@kasbah.org.uk

If you have any suggestions or comments for up and coming newsletters, please get in touch newsletters, please do let us know.



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@kasbah_kent